

Tiger After Firing his Glutes Comment

Perhaps Tiger Woods needs a kick up the Gluteus Maximus, or glutes as he calls them, before worrying about "firing" them.

It was August 28, 1996 when Tiger flashed those pearly whites (he had a full set of his own teeth back then) as he announced "hello world" to the assembled press. We did not have any clue at that time that he would become so dominant in the world of golf and give Jacks major tally a legitimate run. Flash forward to February 5, 2015 and now we are all clueless as to what he'll do next.

The press conference in 1996 was compelling to watch - you could hear the confidence in his voice and see the enthusiasm in his eyes. The post round interview at Torrey Pines after he withdrew was hard to watch. For the first time ever, I couldn't watch or listen to the former world number one waffle on about some crazy reason why he withdrew. And now for him to be the butt of many jokes (oops pardon the pun) just doesn't seem right.

The muscles Tiger should be concerned about are the Flexor Digiti Minimi Brevis, the Opponens Digiti Minimi, the Opponens Pollicis and the Adductor Pollicis - they are all muscles in the hand. Ironically these muscles fired too much when he skulled a chip at the first during yesterday's round and on hole 11 when he cited back pain for his withdrawal.

According to one source, the yips is the loss of fine motor skills without

explanation. Symptoms of someone affected by the yips demonstrate an inexplicable loss of previous skills. Mmmm, sounds an awful lot like a certain Tiger Woods. So why not admit the real issues? Other golfers have. Thomas Bjorn actually walked off, like Tiger, in the middle of the 2004 European Tour event at the K Club in Ireland citing "mental demons in his head". Bernhard Langer had the putting yips. Both Thomas and Bernhard have overcome their issues and pursued successful careers since acknowledging the problem.

As an avid golf fan wouldn't it be the story beyond all stories if Tiger conquers his demons, gets the appropriate help he needs and comes back to win again and be a dominant force.

I can just see the picture now, Tiger holding his 18th Major trophy, pearly whites dazzling and Lindsey giving him a gentle squeeze on his Gluteus Maximus!